

SOME THING BETTER



TRYING VS. TRAINING SOMETHING BETTER // WEEK TWO DISCUSSION QUESTIONS

KEY SCRIPTURES. Choose a person to read the following scriptures.

Read 1 Corinthians 9:23-27; Hebrews 12:1-2

START THINKING. Ask this question to get your LifeGroup thinking.

- Is there a goal or resolution that you have had that hasn't become a reality?

What are the challenges?

START TALKING. Ask these questions to get your LifeGroup talking.

Read 1 Corinthians 9:23-27

- Why does discipline get such a bad rap? Do you see yourself as more disciplined or less disciplined? What evidence proves your point?
- In Pastor Matt's message, he discussed the difference between trying and training.

What do you think the main differences are?

- In verse 25 Paul talks about self-control in everything for the athlete.

What would this mean for the Christian?

- If you are a Christ follower, what are words that would describe your identity in Christ?

START SHARING. Ask this question to get your LifeGroup sharing.

Read Hebrews 12:1-2

- What are somethings that hold you back from being a fully devoted follower of Jesus Christ?

Review and discuss the practical steps for training:

- Accountability and encouragement (the Church)
- Time in God's Word (study the playbook)
- Prayer (conversation with the coach)
- Love (serving the team)

START PRAYING.

Pray together as a group.

