



MAY
2019



WEEK ONE

MATTHEW 28:16-20, ACTS 1-2

Great Commission and
Spread of the Gospel

SAY THIS: Keep going because
God is with you.

WEEK TWO

ACTS 16:16-40

Paul and Silas
in Prison

SAY THIS: You can choose joy
when life gets hard.

WEEK THREE

HEBREWS 12:1

Cloud of Witnesses

SAY THIS: God can help you let go
of what is holding your back.

WEEK FOUR

HEBREWS 12:2-3

Fix Your Eyes on Jesus

SAY THIS: Keep going because
of what Jesus did for you.

REMEMBER THIS:

“But those who trust in the Lord will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak.”

Isaiah 40:31, NIV

LIFE APP:

PERSEVERANCE—Refusing to give up when life gets hard

DO THIS:



MORNING TIME

Start the day with some music in the house. Play a favorite Christian song loudly for everyone to enjoy and get pumped about the day. As you say goodbye say this, "Don't give up today. God is with you!"



MEAL TIME

Q & A for kids: Would you rather get a no-homework pass, or a no-chore pass? Why?

Q & A for parents: What is the hardest thing you've ever accomplished? How did you feel when it was done?



DRIVE TIME

On your drive this week try out some of these fun riddles with the kids. "What has hands but can't clap?" (**Clock**) "What is at the end of a rainbow?" (**The letter W**) "What goes up but never goes down?" (**Your age**) Remind your kids that even when life gives us riddles and gets difficult, to keep going because God is with you.



BED TIME

No matter how many friends or family you have, there are times you'll feel alone. Truth is, no matter how alone you feel, God is always with you. Even though you may not see Him, He offers you the power of His Holy Spirit any time you ask. Because God is with you, you can keep going! Pray that God will give you the power of His Holy Spirit to guide and comfort you in those moments you feel alone.

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